AC-2494
Second Year B. A. (Sem. IV) Examination
April / May – 2015
Home Science : Paper - CE - VIII
(Family Meal Planning - II) (Subsidiary)

Time : 2 Hours] [Total Marks : 30

(1)

Fill up strictly the details of signs on your answer book.

Name of the Examination:
S. Y. B. A. (SEM. 4)

Name of the Subject:
HOME SCIENCE : PAPER - CE - 8

Subject Code No.: 2 4 9 4
Sec No.: 1, 2,...... Nil

Student’s Signature

(2) जम्बली अंडा कस्तूरीवाला अंडा प्रश्न गुणा दशावे छ।

1. नीचेना प्रश्नांमध्ये उत्तर द्दा।
   (१) खाणावा पूर्णी उड्रनासाठी बांटणी आणि अन्नाचे खाणावा करावा आपणे।
   (२) खाणावले लाभाच्या कस्तूरीवाला इत्यादी
   (३) हातात ठेवून अटकली व उपायांमध्ये घ्या।
   (४) खाणावले जता पाचणी (१-१ वर्ष) प्रर्दशीणी जडून घ्या।
   (५) “संततील अद्याव” नौ व्याख्या आपणे।
   (६) उपदेशाच्या माग अथवा पोषकत्वाच्या वाढू माहणारा किती?

2. खाणावले जता बांटवा माग अद्याव आपल्या आवश्यक करून घेत व्याख्या नूतन उदाहरण द्दा।

   उत्तर

   २ उपदेशाच्या मध्ये जता पृष्ठ-प्रविधी व यश वाढती आपणे। आपल्याच्या पोषकत्वाची जडून घ्या।

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Instructions: (1) As per the instruction no. 1 of page no. 1.
(2) Figures to the right indicates marks of the questions.

1. Answer the following question in brief.
   (1) Give reason of occure anemia among pre-school age children.
   (2) Mention the risk factor of obesity.
   (3) Write any two preventive measures of dental carries.
   (4) State the protein requirement of school going children (7-9 years)
   (5) Define the term “Balance Diet”.
   (6) Which nutrients are more important for an adolescent girl?

2. Discuss with examples the points should be taken into consideration while planning a meal for school going children.

OR

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2 Give information about the growth and development of adolescent. Mention the nutritional requirements for the same.

3 Give following information about old age.  
   (A) Physical changes  
   (B) Nutritional needs.

   OR

3 Explain the following points while planning a diet for athletes.  
   (A) Diet Composition  
   (B) Effect of tea, Coffee and alcohol on the performance of athletes.

4 Write short notes on : (any two)  
   (1) Nutritional problem among pre-school children.  
   (2) Remedies of malnutrition in industrial worker.  
   (3) Obesity  
   (4) Symptoms and risk factors of under weight.