



ONE DAY INTERNATIONAL SEMINAR ON HEALTH AND WELL-BEING IN THE 21ST CENTURY: AN INTERDISCIPLINARY APPROACH

SPONSORED BY

PM-USHA MERU Soft Component
Veer Narmad South Gujarat University,
Surat, Gujarat, 395007

KEYNOTE SPEAKERS

Dr. Kiran Pandya
(Hon'ble Provost, Sarvajani University, Surat)
Dr. Nimisha Shukla
(Professor & Head, Dept. of Rural Economics, Gujarat Vidyapith, Ahmedabad)
Dr. Krishnarajsinh Chudasama
(Hon'ble Registrar, Maharaja Sayajirao University of Baroda, Vadodara)

ORGANIZED BY

Department of Economics
Veer Narmad South Gujarat University
Surat, Gujarat, 395007

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Dr. Kishorsinh N. Chavda
(Hon'ble Vice Chancellor, VNSGU)

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Dr. Rameshdan Gadhvi
(Hon'ble Registrar, VNSGU)



21st February, 2026



Department of Economics
VNSGU, Surat

HEAD OF THE DEPARTMENT

Prof. Gaurang D. Rami

COORDINATOR

Dr. Yogesh N. Vansiya
Dr. Manish R. Patel

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**One-Day International Seminar on
Health and Well-being in the 21st
Century: An Interdisciplinary
Approach
21st, February 2026**



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Surat – 395007, Gujarat**



ABOUT THE UNIVERSITY

Veer Narmad South Gujarat University is a state government university established on May 23, 1967, in Surat – the diamond city of India. University is accredited Grade 'B++' by NAAC in 2022. The University has 25 PG Departments and offers 36 PG, 4 UG, 3 Integrated, 9 PG Diploma and 5 certificates programmes along with Ph.D. in various subjects. More than 4000 students on the university campus and around 2.5 lac students in affiliated institutes, are enrolled every year. Veer Narmad South Gujarat University is equipped with modern infrastructure facilities and student centric amenities including library, central instrument facility, startup and innovation Centre, indoor and outdoor sports amenities. In the last five years, the university has completed more than 45 research projects funded by agencies of National and International repute and more than 50 foreign students have been enrolled in various programmes in the Veer Narmad South Gujarat University Departments.

IMPORTANT DATES

- Last Date for Registration: 10th February 2026
- Abstract Submission Deadline: 10th February 2026
- Full Paper Submission Deadline: 16th February 2026
- Notification of Acceptance: 17th February 2026
- Seminar Date: 21st February 2026

INSTRUCTIONS FOR AUTHORS

Authors are invited to submit original research papers in Word (.doc/.docx) format, typed in Times New Roman, font size 12, 1.5 line spacing, and 13–18 pages. Each paper must include Title, Author(s), Affiliation(s), Abstract, Keywords, and References in APA Style (7th Edition). Papers can be in English or Gujarati; for Gujarati, use Shruti font style. All papers should be emailed to seminpmushaco@gmail.com by 16th February 2026.

ABOUT THE DEPARTMENT

The Department of Economics is one of the oldest department in the Veer Narmad South Gujarat University Departments. It offers the PG and Research degrees in Economics. The PG curriculum remains updated regularly with the inclusion of the intra – disciplinary papers like Agri-Business, Research Methodology, Computer Applications in Economic Analysis as part of the course. The department has completed more than 40 research paper projects till date. More than 125 research students have been awarded Ph.D. and M.Phil. Degrees. The faculty of the department is involved in the research related to the cross-section and time-series data. The department has also initiated the publications of working papers in the department. To now 7 working papers have been published. This apart, Capacity building workshops and seminars have been a regular feature for the department. Needless to say, that the beneficiaries have been the students belonging to the first generation and also the teachers in the affiliated colleges. In April 2023, the Department of Economics has invited “Workstation for Research on Sample Micro Data from Census” based on MOU between Government of India, Ministry of Home Affairs, Directorate of Census Operations, Gujarat and Veer Narmad South Gujarat University, Surat.

ABOUT THE SEMINAR

The One-Day Seminar on “Health and Well-being in the 21st Century: An Interdisciplinary Approach” aims to bring together scholars, researchers, policymakers, and practitioners from various disciplines to discuss the evolving concept of health and well-being in modern society. In the 21st century, health is no longer limited to the absence of disease — it encompasses physical, mental, emotional, social, and environmental dimensions of human life. With rapid globalization, technological advancement, climate change, and shifting social structures, maintaining holistic well-being has become a key challenge. This seminar provides a platform to explore these issues through an interdisciplinary lens, encouraging dialogue between the fields of public health, psychology, sociology, economics, environmental science, and education. Participants will share insights, exchange research findings, and propose innovative strategies to promote sustainable health and well-being for all. Through academic discussions, paper presentations, and expert interactions, the conference seeks to enhance understanding of the social determinants of health, promote community resilience, and support evidence-based policymaking for a healthier future.

INSTRUCTIONS FOR POSTER PRESENTATION

Participants can also present their research as posters (A0 size, portrait or landscape) displaying Title, Author(s), Affiliation(s), Objectives, Methodology, Results, Conclusion, and References. Posters can be in English or Gujarati Shruti font style. Presenters should be available near their posters during the session for discussion.

CALL FOR PAPERS

- Vikshit Bharat: Pathways to a Healthy and Developed India
- Understanding National and Global Health Indices
- Physical Health Challenges in the 21st Century
- Mental Health and Emotional Well-being
- Nutrition and Lifestyle Interventions
- Social Determinants of Health
- Impact of Urbanization and Environmental Change on Health
- Digital Health and Technological Innovations
- Public Health Policies and Governance
- Occupational and Workplace Healths.
- Community Health and Rural Healthcare Challenges
- Gender, Health, and Social Equity
- Mental and Emotional Resilience Through Education
- Measuring Progress: Health Indices for Policy Evaluation
- Sustainable Health Practices for a Developed Nation

Authors may also submit papers on other relevant topics related to health and well-being.

SEMINAR PUBLICATION

The University Grants Commission (UGC) now recognizes peer-reviewed journals, thereby enhancing the overall academic credibility and quality of research publications in India. This significant development provides a valuable opportunity for researchers to publish and disseminate their scholarly work through credible and esteemed platforms. Therefore, we are also providing such an opportunity, as selected research papers will be published in reputed ISSN or peer-reviewed journals of Veer Narmad South Gujarat University, offering scholars an academically enriching avenue for publication and knowledge dissemination.

REGISTRATION LINK

<https://forms.gle/W2tPzySJj6j2VJhx6>

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Organising Committee

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Be Part of the Seminar – Register Today



Seminar Destination



Contact Details

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