



VEER NARMAD SOUTH GUJARAT UNIVERSITY, SURAT
(Accredited with "B++" grade by NAAC)

Report of Event

1.	Department Name	Department of ICT
2.	Name of The Event	Seminar on Mental Health
3.	Nature of the Event (e.g. Invited Talk, Workshop, Conference, Symposia, Training Program, Cultural, Extra-Curricular, Co-curricular, Social, NCC, NSS ..)	Invited Talk
4.	Name of Speaker(s) / Expert(s) / Guest(s)	Dr. Bhavna Raja
5.	Brief detail of Speaker(s) / Expert(s) / Guest(s)	Dr. Bhavna Raja is a compassionate psychologist at Urja Counseling Centre
6.	Number of Participants	79 students
7.	Sponsoring Agency (If Any)	
8.	Amount Received (if Any)	
9.	Brief Summary of Event	The Department of ICT, Veer Narmad South Gujarat University, organized a seminar on Mental Health on December 30, 2025, for students of the B.Sc. (IT) program. Conducted by Dr Bhavna Raja from Urja Counseling Centre and Urmi Desai from the Counseling department, VNSGU. Dr. Bhavna Raja emphasized the importance of mental self-control and balance in life. She encouraged students to learn how to gain control over their minds and to distribute their attention wisely across different aspects of life, such as social life, family, relationships, and studies, rather than focusing excessively on only one area. She highlighted that balanced attention leads to better mental health and overall well-being.

Enclosures: 1. One – two photographs of the event.

Signature of Event In-charge

Signature of Head

Name: Dr. Dilber Mehta
Date: 30/12/2025



Place: VNSGU, Surat
HEAD

Department of ICT
veer Narmad South Gujarat University
SURAT





Veer Narmad South Gujarat University

Department of ICT

BSc(IT) Semester-2

Date: 30-12-2025

Roll No.	STUDENTNAME	Sign
1	AAYUSH KAMANI	Ab
2	Aditya Gandhi	Aditya
3	AMAN KUMAR PANDEY	Anam
4	Anjirwala Dev JatinKumar	Dev
5	ANSARI ARSALAN ASAHAB	
6	Ansari zinnat parween imtiyaz hussain	
7	AYUSH THAKKAR	
8	BADATYA SNEHADEBI SOMANATH	Sneha...
9	BADGUJAR MEGHA SUBHASHBHAI	Megha...
10	BALDANIYA AMIT GIJUBHAI	Amit
11	BHANDARI ANSH MANOJBHAI	B. Ansh
12	BHATI MANSI BHARAT	Mansi
13	BHATIYA SHWETABEN CHAMPAKBHAI	Shweta
14	Bhavyakumar Mayurbhai Patel	Bhavya
15	BHEDA HETAVI ANILBHAI	Hetvi
16	BHURIYASHETH MOHAMMEDAMAAN MOHAMMED ISMAIL	B. Amman
17	BOHRA SHAMBHAVI SUDHIR	Sudhir
18	BORDA ARYAN RAKESHBHAI	Aryan
19	CHANCHPARA HARDI ALPESHBHAI	Hardi
20	CHATURVEDI HARSHITA AJAY	Harshita
21	CHAUHAN HETVI LAXMANBHAI	Hetvi
22	CHAUHAN TITHI NILESH	Tithi
23	CHAUHAN VED DHARMESH	Ved
24	Chaurasiya Payal Dilip	Payal
25	Dalal Prit Dineshkumar	Prit
26	DALWALA PRATVI YOGESHBHAI	Pratvi
27	DESAI NIHAAL MILIND	Nihaal
28	DESAI VRAJ DHARMESHBHAI	Vraj
29	Devkar Daksh Akshaybhai	Daksh
30	DHAMELIYA MEET MUKESHBHAI	Meet
31	Dhameliya Shreya Shaileshbhai	Shreya
32	DHODIYA HEERKUMARI NITINBHAI	Heer
33	DHYANI JIGNESH PATEL	Jignesh
34	Dixit Dhanvi Ravibhai	Dhanvi
35	DOBARIYA YAMISHA RAMJIBHAI	Yamisha
36	DONDA SAUMYA HITESHBHAI	Saumya
37	Doshi Pal Dixit	Pal
38	GAMIT DIVYESH PRAMESH	Divyesh
39	GAMIT VENISHAKUMARI SILASHBHAI	Venisha
40	GAMIT YASHKUMAR ASHOKBHAI	Yash
41	Gandhi Bhavya Pinkeshbhai	Bhavya
42	Garuda Jay Shailendrabhai	Jay
43	GAYWALA RUDRA DEVANG	Rudra
44	Gheewala Krish Dharmeshbhai	Krish
45	GNAN PINALBHAI SHETH	Pinal
46	Gupta Rupeshkumar Kunjbihari	Rupesh
47	Jariwala Mir Monil	Mir
48	JARIWALA PARTH NILESHKUMAR	Parth
49	JARIWALA PRARTHANA RISHI	Prarthana
50	JIYA TEJASKUMAR BHAVSAR	Tejas
51	KAKLOTAR UTSAV MAHESHBHAI	Utsav
52	KALSARIYA JASMIT MUKESHBHAI	Jasmit
53	KANKURA VIDHI KETANKUMAR	V. K. Kankura
54	Kantharia Akanksha Rahul	Akanksha

Ab
Absent

Veer Narmad South Gujarat University
Department of ICT
BSc(IT) Semester-2
Date: 30-12-2025

Roll No.	STUDENTNAME	Sign
55	KASHIWALA BHUMI ANILBHAI	K.B.A.
56	KASHVI CHIRAG MEHTA	Omisha
57	KATRODIA DHWANI ATULBHAI	Pratik
58	KELAWALA KRISHA VIMALKUMAR	Krish
59	KEVADIYA AVIN BIPINBHAI	Shah
60	KHALASI DARSHIL JAYESHBHAI	AB
61	KHALASI RUDRA TEJAS	AB
62	Khatri Rushika Hemendrakumar	R.H.Khatri
63	Kosadiya Keval Jayeshbhai	Keval
64	KOTHARI NITYA DINESHKUMAR	Nitya
65	KRIS ASHVINBHAI VADADORIYA	ICR
66	KUKADIYA SAKSHI HASMUKH	
67	Lekhadiya Mahek Mahendrabhai	
68	LUKHI KRISHA HIRENBHAI	AB
69	LUNGIWALA PRATHAM SUNILKUMAR	Pratik
70	MAISURIA BANSARI ANILBHAI	Pratik
71	MAISURIYA KRISHAKUMARI JITENDRAKUMAR	
72	MALAKAR VIVEK MANOJ	AB
73	MANGUKIYA MIKEN ARVINDBHAI	AB
74	MANGUKIYA NENCY PRADIPBHAI	AB
75	MAROLIA KIRTI SANJAY	Pratik
76	MASTER ANGEL HEMISHKUMAR	AB
77	MATHAWALA DEV DHAVALKUMAR	D.D.Mathawala
78	MAURYA KIRTIKA HARISHCHANDRA	Kirti
79	Maurya Priyanka Ramashankar	AB
80	Mavchi Ranvir Kishanbhai	Ranavchi
81	Mehta Manya Dhaval	AB
82	MEHTA YAGYA RAJAN	Pratik
83	MISHTHI MISTRY	AB
84	MISTRY MAITRI SAMIRKUMAR	M.S.Mistry
85	MODI HEER HITESH	Heer
86	Modi Kinjal Rajeshbhai	Kinjal
87	MODI RAJVI VIPULKUMAR	Pratik
88	MORE SRUSHTI SANJAY	AB
89	MORKER PRATHAMKUMAR KAMLESHBHAI	Pratham
90	Naik Nidhi Tejas	Nidhi
91	NARIGARA VAIDEHI SHAILESHBHAI	AB
92	Narthania Aastha Bharatbhai	Aastha
93	NAVADIYA DHURUV NARESHKUMAR	AB
94	NAYAK OMPRASAD DILIPKUMAR	Ompasad
95	NIDHI HEMANTBHAI PATEL	AB
96	NIDHI VIKRAMKUMAR SHAH	Nidhi
97	Nishad Gayatri	Gayatri
98	NITI PANDYA	Pratik
99	NIYATI PATEL	AB
100	PAL AMAN YOGENDRA	Pratik
101	PAL VIVEK PUTTULAL	Pratik
102	PANSURIYA PRUSHTI BHUPATBHAI	Pratik
103	Panwala Ayush Riteshkumar	AB
104	Panwala Jigish Pankajkumar	Pratik
105	PARASHAR PRIYARAJ RAJIVKUMAR	Pratik
106	PAREKH OM JAYESH	AB
107	PARMAR JIGNASA MADHUBHAI	Pratik
108	PARMAR SIYA HIRENKUMAR	Siya

Veer Narmad South Gujarat University

Department of ICT

BSc(IT) Semester-2

Date: 30-12-2025

Roll No.	STUDENTNAME	Sign
109	PATEL ARYAN UPENDRA	
110	PATEL CHARMI RAKESHKUMAR	
111	PATEL CHESHTA JIGNESHBHAI	
112	Patel Dhruvi Harshadbhai	
113	Patel Dhruvikumari Rameshbhai	AD
114	PATEL DHRUV SHANTUBHAI	
115	PATEL DHRUVI PARESHBHAI	
116	PATEL DHRUVI VIRENDRAKUMAR	Dhruv
117	PATEL DRASHTI NARESHKUMAR	
118	PATEL HARSHKUMAR VIMLESHBHAI	
119	PATEL JIYABEN HARESHBHAI	
120	PATEL KHUSHI SANDIPKUMAR	
121	PATEL KRISH PARESHBHAI	
122	Patel Krisha Dharmeshkumar	AD
123	PATEL KRISHAKUMARI MUKESHBHAI	
124	PATEL MAHEK GIRISHKUMAR	
125	Patel Mauli Hemalbhai	
126	PATEL PARI KALPESHKUMAR	Parish
127	PATEL PRACHI JAYESHKUMAR	Prachi
128	PATEL PRACHI MANOJBHAI	Prachi
129	PATEL RUTUBEN ALKESHKUMAR	Rutub
130	PATEL SHUBHAM VINODBHAI	
131	PATEL TARANGKUMAR KISHORBHAI	AD
132	PATEL VASU PRADIPKUMAR	V.P.PATEL
133	PATEL VATSAL PANKAJKUMAR	
134	PATEL VISHWABEN JAGDISHBHAI	
135	PATEL YANAKUMARI ANKITBHAI	
136	Patel Yashvi Vipulbhai	
137	Patel Yashvikumari Jitendrabhai	AD
138	PATEL ZEEL PRAMODBHAI	
139	POKAL NEHAL RASIKBHAI	
140	POLISHWALA VAIBHAVI NARENDRA	vaibhavi
141	POORAV SINGAPURI	
142	POPATIYA SHUBHAM DHARMESHKUMAR	
143	PRAJAPATI KRISHA SURESHBHAI	
144	Prajapati shubham kailash	
145	PRAJAPATI YASHKUMAR HARESHBHAI	AD
146	purohit dimpal amratbhai	
147	RABADIYA KRISHA BHARATBHAI	
148	Rajodiya vishwa rameshbhai	
149	Raman Raj	
150	RANA HARSH PRASHANT	R.A.
151	RANA VANSH DIPAKKUMAR	
152	Rangpariya priyalben kalpeshbhai	
153	RATHOD DHRUVI BHIMDEVSINH	
154	RATHOD NIYATI VINODBHAI	
155	Raviya Tushar Rajubhai	AD
156	Rawal Aanchal Ravindra	
157	RAWAT SUMIT PREMJEET	
158	REHMATWALA TANVEER QADRI MD. UVESH	
159	ROUT DEEPTISHREE MUKTIKANT	
160	SAHU SOMNATH SIBARAM	Somnath
		AD

Veer Narmad South Gujarat University
Department of ICT
BSc(IT) Semester-2
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Roll No.	STUDENTNAME	Sign
161	SAIYED ASAD MOHAMMED AKBARUL	
162	SAVALIYA DHRUV MUKESHBHAI	
163	Savaliya megh pankajbhai	
164	SAVALIYA PRACHIBEN SANJAYBHAI	
165	SAVANI ADITI MITUL	
166	SAVANI DEV VIJAYBHAI	
167	Savani Dhruv Rajeshbhai	
168	SAVANI HELI VIPULBHAI	
169	SELADIYA VILEX PARESHBHAI	
170	SHAH KHUSHI MEHULKUMAR	
171	Shaikh Mohammad Sakib Arif	
172	SHAIKH SAMIYA AKRAM	
173	Sharma Anuska Gokul	
174	SHASHWAT SHAH	
175	SHIVA SINGH	
176	SIDDHARTH RANA	
177	SINGH RUDRA PRATAP MANISH	
178	SINGH SAUMYA ABHIMANYU	
179	SIROYA PRIT HASMUKHBHAI	
180	SOLANKI KRISHKUMAR SANJAYBHAI	
181	SOLANKI PALAKBEN CHANDRAKANT	
182	SOLANKI TANISHA GAURAVKUMAR	
183	SUKHADIYA LAV SHAILESHBHAI	
184	SURATI ANMOLKUMAR AJAYBHAI	ANMOL A. SURATI
185	SURTI BHAVYA PARESHKUMAR	
186	Tiwari Shreyjal Shashikant	
187	Uchadiya Madhav Pravinbhai	
188	VAGHASIYA KHYATI TUSHARBHAI	
189	VANKAR MINAKSHI DINESHBHAI	
190	VANSDAWALA NEEL ASHVIN	
191	VASA RUDRAKSHI PRASHANTBHAI	
192	VASAVA KHUSHIBEN MAHESHBHAI	
193	VAVADIYA KIRTAN ARVINDBHAI	
194	VED ZUNJARKE	
195	VIDHIT GANESHBHAI VARLEKAR	
196	Yug Patel	